



HE.Y.Y offers non-judgemental peer to peer support for youth over the phone. We are there to listen to caller's problems and concerns, and to help them identify their own solutions. We also offer information and referrals on health, sexuality, employment, housing, school problems...

## Helpline for Toronto Youth

# Application for Youth Volunteers

H.E.Y.Y. youth volunteers may choose to be either **Phone Line Volunteers** or **SpeakOut Promoters**.

**Phone Line Volunteers** attend an in-depth ten-week training session to learn peer support skills in a broad range of areas. When they have completed the training, they will work two three-hour shifts per month. Once they are working on the H.E.Y.Y. line, Team Coaches and Phone Line Volunteers will be expected to attend three out of five in-service training workshops per year.

**SpeakOut Promoters** attend three to five training workshops to learn about H.E.Y.Y. and about speaking dynamically in public. When they have completed training, they will speak to students in Toronto schools to encourage them to call H.E.Y.Y. for information and support.

I would like to volunteer to be a Phone Line Volunteer.

I would like to volunteer to be a SpeakOut Promoter.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_

Best time to be contacted: \_\_\_\_\_

Date of Birth: Day: \_\_\_\_\_ Month: \_\_\_\_\_ Year: \_\_\_\_\_

Languages Spoken: \_\_\_\_\_

What do you feel volunteering for H.E.Y.Y. will offer you?

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What experience or training do you have working with people from various different communities?

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What type of caller would you find challenging to work with?

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H.E.Y.Y. asks that volunteers commit to two four-hour shifts per month for a minimum of one year. Are you willing to make this commitment?

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What skills or training do you have that relate to telephone peer support?

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What skills or training do you have that relate to public speaking?

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Please list two references (please provide a signature from ONE of the two references):

1. Name: \_\_\_\_\_

Telephone: Home \_\_\_\_\_ Work \_\_\_\_\_

Relationship: \_\_\_\_\_ Signature: \_\_\_\_\_

2. Name: \_\_\_\_\_

Telephone: Home \_\_\_\_\_ Work \_\_\_\_\_

Relationship: \_\_\_\_\_ Signature: \_\_\_\_\_

**Please drop off or mail your completed application to:**

**H.E.Y.Y.** c/o Neighbourhood Centre  
91 Barrington Avenue  
Toronto, ON M4C 4Y9

Or FAX to: 416 698-6718

For more information call Gina McDonald @ 416 698-1626.  
The training location will be centrally located, near a subway line.  
Training sessions will be held on Wednesday evenings from 6:00 - 9:00 p.m.